

Sarawak 5D4N Mulu Cave Pinnacles & Headhunter's Trails

TOUR CODE: MZV5DMCP (Validity: Until 31 March 2023)

DAY 1: KUALA LUMPUR → MULU VIA KUCHING OR MIRI (Dinner)

Welcome to Mulu Airport. Meet & greet on arrival by our local representative and transfer to **Mulu Marriott Resort & Spa** for check-in. Afternoon, meet at resort lobby and transfer to Mulu National Park headquarters. Upon registration and proceed on plank walk for 3km to reach



Deer Cave & Lang Cave.

After exploring the caves, proceed to bats

observatory to observe bats flying out of caves entrance at late evening (Only confine to fine weather). Return journey on the same plank walk to park headquarters and transfer back to resort. Dinner & overnight at resort.



DAY 2: MULU → PENAN SETTLEMENT → CAMP 5 (Breakfast/Lunch/Dinner)

Breakfast at resort and transfer by longboat proceed to **Batu Bungan - Penan Settlement**, to observe the tribe lifestyle and to select handicrafts on display



for sale here. Continue journey by longboat to **Wind Cave and Clearwater Cave**. Picnic lunch at Clearwater summer huts and relax for a while then continue journey by longboat to **Long Litut**. Then jungle trek for 3 hours to **Camp 5**. Dinner and overnight at Camp 5.



DAY 03: CAMP 5 → GUNUNG API (Breakfast/Lunch/Dinner)

Breakfast at Camp 5. After breakfast ascend to **Gunung Api** for 3 hours to view the magnificent **Pinnacles**. During the climb you will see many species of plants, all types of insects within this virgin jungle of Borneo. Packed lunch will be served at the observatory point. After lunch, descend to Camp 5. Dinner and overnight at Camp 5.



DAY 04: CAMP 5 → HEADHUNTER'S TRAILS → IBAN LONGHOUSE (Breakfast/Lunch/Dinner)

Breakfast at Camp 5 and walk through lowland forest 12km **Headhunter's Trails** (5 hours trek) to **Kuala Terikan** (Packed lunch). From Kuala Terikan continue for about 3 hours by boat (depending on water level; during dry season boats need to be pushed at very shallow spots), traveling on the **Terikan and Medalam River**, to an **Iban Longhouse**. Dinner and overnight at longhouse.



DAY 5: IBAN LONGHOUSE → NANGA MEDAMIT → LIMBANG → KUALA LUMPUR VIA MIRI OR KUCHING (Breakfast)

Breakfast at longhouse. After breakfast, transfer by longboat down the river to **Nanga Medamit**, then by road to the town of Limbang. Afternoon, transfer to **Limbang Airport** for your flight back to **Miri Airport** or your next destination.

Requirement For The Trip (Bring Your Own)

Torchlight, insect repellent, raincoat, swim wear, towel, trekking shoes, sleeping bag, own drinking bottle and first aid kit.