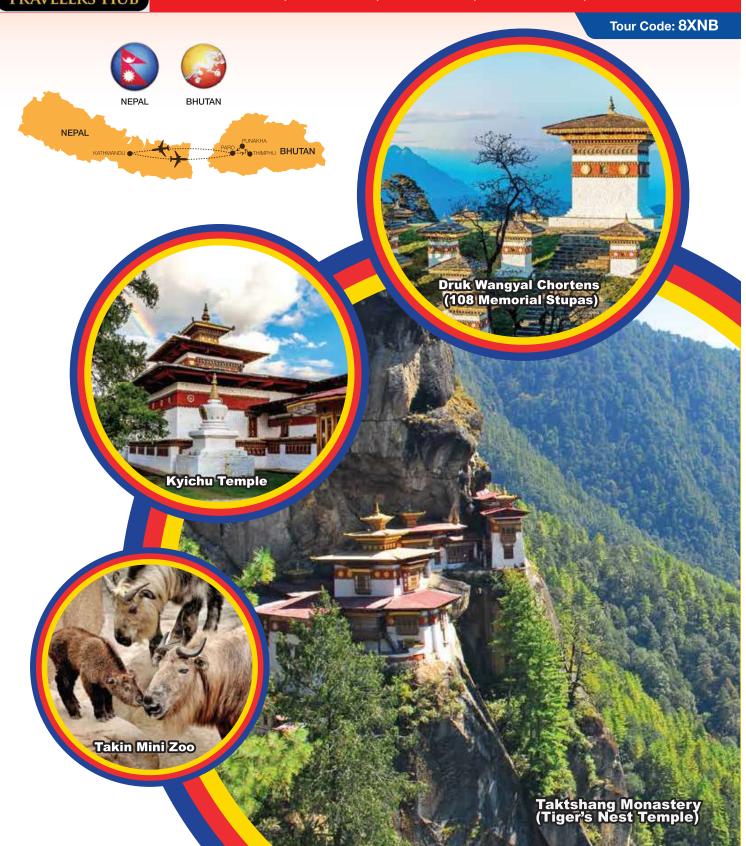
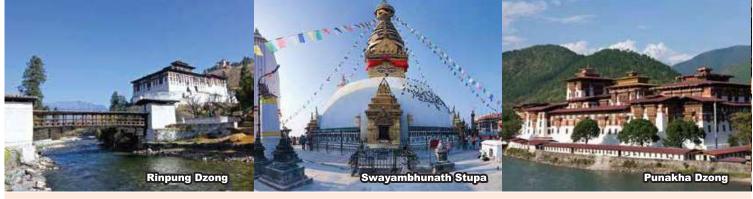




8D7N NEPAL & BHUTAN (BY 2 WAY FLIGHTS)

PARO, THIMPHU, PUNAKHA, NAGARKOT, KATHMANDÚ

















HERITAGE

HISTORICAL

CULTURE

SCENIC LEISURE

D1

KUALA LUMPUR → KATHMANDU (4H45M++) (MOB)

Upon Arrival and Check in Hotel

D2

KATHAMANDU → PARO (BY FLIGHT) (1H5M) - THIMPHU (51KM, 1H30M) (B/L/D)

- Ta Dzong (National Museum of Bhutan) (Entrance Included)
- Rinpung Dzong (Visit)

D3

THIMPHU – PUNAKHA (74KM 2H5M)

(B/L/D)

- National Memorial Chorten (Entrance Included)
- Traditional Medicine Institute (Drive Pass)
- National Library (Drive Pass)
- Textile and Folk Heritage Museum
 (Drive Pass)
- School of 13 Arts and Crafts (Drive Pass)
- Takin Mini Zoo (Entrance Included)
- Zilukha Nunnery (Photo Stop)
- Post Office (Visit)
- Traditional Paper Factory (Visit)
- Handicraft Emporium (Visit)
- Do Chula Pass (Photo Stop)
- Druk Wangyal Chortens
 (108 Memorial Stupas) (Photo Stop)
- Chimi Lhakhang (Visit)

D4

PUNAKHA – PARO (115KM 3H10M)

(B/L/D)

- Khamsum Yulley Namgyal Chorten (Visit)
- Punakha Dzong (Entrance Included)

D5

PARO

(B/L/D)

- Taktshang Monastery (Tiger's Nest Temple) (Entrance & Hiring Pony Included)
- Kyichu Temple (Visit)
- Bhutanese Farm House (Visit)

D6

PARO → KATHMANDU (BY FLIGHT)
(1H15M) - NAGARKOT (28KM, 1H10M)

- Bhaktapur Durbar Square (Entrance Included)
 - · Palace Square
 - · Golden Gate
 - 55 Window Palace
 - Nyatapola Temple
 - Pottery Square

THIMPHU

National Memorial Chorten – also known as the Thimphu Chorten, is a stupa in Thimphu, Bhutan. The stupa, built in 1974 to honor the third Druk Gyalpo, Jigme Dorji Wangchuck, is a prominent landmark in the city with its golden spires and bells.

PUNAKHA

- Dochu La Pass is the 3100m (10171ft) high mountain pass on the road from Thimphu to Punakha. The weather at the pass generally remains foggy and chilly. The Dochula Pass remains beautiful in all seasons.
- Druk Wangyal Chortens also known as 108 memorial chortens or stupas built by Ashi Dorji Wangmo Wangchuk, the eldest Queen Mother. A historical landmark built to honour the bravery and sacrifices of the fourth king and the soldiers who perished during the battle against Assamese insurgents in 2003. It particularly marks the victory of King Jigme Singye Wangchuck who dislodged the rebels from their camps.
- Chimi Lhakhang is a Buddhist monastery in Punakha District dedicated to Lama Drukpa Kuenley who as the famous saint of the Bhutanese people is known affectionately as "Devine Mad Monk". He had very unconventional ways of teaching and this Buddhist monastery is said to be a place of fertility and blessings, particularly women seeking blessings to beget children.
- Khamsum Yulley Namgyal Chorten Built by Her Majesty the Queen Mother for warding off the negative forces and bringing peace and harmony for all the living beings.
- Punakha Dzong is the administrative centre of Punakha District in Punakha, Bhutan. The dzong was constructed by Ngawang Namgyal, in 1637–38. It is the second oldest and second largest dzong in Bhutan and one of its most majestic structures. The dzong houses the sacred relics of the southern Drukpa Lineage of the Kagyu school of Tibetan Buddhism. It is listed as a tentative site in Bhutan's Tentative List for UNESCO inclusion.

PARO

- Rinpung Dzong is a large dzong Buddhist monastery and fortress of the Drukpa Lineage of the Kagyu school in Paro District, Bhutan. It
 houses the district Monastic Body as well as government administrative
 offices of Paro Dzongkhag. It is listed as a tentative site in Bhutan's
 Tentative List for UNESCO inclusion.
- Taktsang Palphug Monastery is located 2,950m above the sea level, perched giddily on a rocky ledge, with a waterfall cascading as if from the blue. Taktshang means Tiger's Nest. The legend of Taktsang evolved form 747 AD when Guru Padmasambhava, known as the second Buddha, chose a cave on a sheer rock face to meditate and, assuming a wrathful form, Guru Dorji Drolo, astride a tigress to subdue the evil spirits in the locality. He meditated in the cave for 3 years 3 months, 3 weeks and 3 days before subjugating the malicious spirits, and concealed profound treasures for the benefit of sentient beings.
- ▶ **Kyichu Temple** is an important Himalayan Buddhist temple, 108 border taming temples were built by Tibetan Emperor Songtsen Gampo in 7th century. Purportedly built to halt a giant female ogre from preventing the spread of Buddhism across Tibet. It's thought to be one of over 100 temples established to overpower her so Buddhism could flourish far and wide. There also belief that the two orange trees in the courtyard, it was built to Subdue Demoness (Sin Mo).

NEPAL & BHUTAN



Currency	Nepal : Nepalese Rupee (NPR) Bhutan : Bhutanese Ngultrum (BTN)	Credit Card Call credit card centre to extend your credit card limit * Credit Card are used widely in Nepal & Bhutan
Exchange Rate	USD 1 : NPR 130 NPR 100 : RM 3.30 USD 1 : BTN 80 BTN 100 : RM 5.30	Dial Code Nepal : + 977 Bhutan : + 975
Voltage	220-240 Volts	Power Socket Type C (2-pin) Type M (3-pin) Type D (3-pin) *Please bring a universal electric plug adapter
Time Different	Nepal : 2 hrs 15 minutes behind Malaysia Bhutan : 2 hrs behind Malaysia	Each individual are entitled to check in 1 luggage of not more than 20kgs and a hand carry bag not more than 7kgs.
Weather	Spring Summer Mar - May Jun - Aug 16°C - 23°C 23°C - 25°C	Autumn Winter Sep - Nov Dec - Feb 15°C - 24°C 9°C - 12°C
Aircraft Type	Malaysia Airline	Malindo
Departure Date:	Departure Date: Flight :	
Tour Fare:		Airport Tax & Fuel Surcharge:
Tipping:		Agent Collection Fee:
Visa:		Travel Insurance:
	•	TOTAL:

Travel Agent:





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