

Amazing CHINA 中国

8D7N

西藏 ~ 成都 /
林芝 / 羊卓雍措湖 / 卡若拉冰川 /
拉萨 / 日喀则 (内陆双飞)

TIBET ~ CHENGDU / NYINGCHI / YAMDROKTSO /
KAROLA GLACIER / LHASA / SHIGATSE (02 WAY DOMESTIC)

Tour Code: CAH-12



旅者之家

TRAVELERS HUB



全程无购物站

NO SHOPPING STOP



China
中国

特别安排
SPECIAL ARRANGEMENT

- 游一生必去的雪域秘境-藏地江南林芝
- 卡若拉冰川离公路最近的雪域蓝冰, 即将消失的蓝冰奇迹
- 网红级体验: 布宫早地拔葱视频 + 布宫观景下午茶
- 唯美定格: 与西藏圣湖羊湖的航拍VLOG
- 特别在八廓特别体验唐卡绘画
- 贴心安排拉萨酒店提升为豪华氧气管



Gala Peach Blossom Village
嘎啦桃花村



Yamdrok Yumtso
羊卓雍措



Basum Tso
巴松措



Potala Palace
布达拉宫

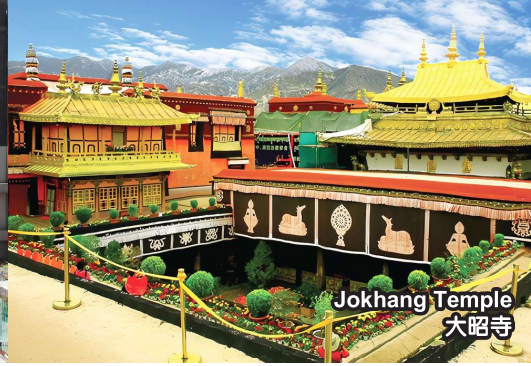
行程次序, 以当地旅社安排为准。
*图片仅供参考

Sequences of Itinerary are subject
to local arrangement.

*Pictures shown are for illustration purposes only



Chunxi Road
春熙路



Jokhang Temple
大昭寺



Chengdu Panda Theme Postcard Office
成都熊猫主题邮局



SCHEDULE

D1 DEPART CHENGDU (MOB/D)

- ☑ Luodai Ancient Town (Boke Building, Luodai Old Street)

D2 CHENGDU ✈️ NYINGCHI (B/L/D)

- ☑ World Giant Cypress Kingdom (Replaced by Nyingchi Gala Peach Blossom Village during Peach Blossom Festival)
- ☑ High-altitude Acclimatization Rest
 - Complimentary Upgrade: High Altitude Energy Pack (Portable Supplies, Energy Food, Soothing Items)

*Seasonal Special:
March 20 – April 20: Nyingchi Gala Peach Blossom Village Not available outside flowering period; flowering time varies by climate, not guaranteed.

D3 NYINGCHI (119KM) BASONGCUO (344KM) LHASA (B/L/D)

- ☑ Basongcuo Lake (Include Shuttle Bus)
 - Cuo Zong Temple on Central Island, Jieba Village
- ☑ Xiuba Ancient Castle (Ancient Watchtowers, Largest Prayer Wheel in Tibet)

D4 LHASA (108km) YAMDROK (232km) LAKESHIGATSE (B/L/D)

- ☑ Yamdrok Yumtso + Complimentary Aerial Video with The Sacred Lake
- ☑ Karola Glacier (One of Tibet's Three Continental Glaciers)
- ☑ Manla Reservoir

D5 SHIGATSE (267km) LHASA (B/L/D)

- ☑ Tashilhunpo Monastery
- ☑ Upgraded Experience: Potala Palace Creative Video + Afternoon Tea at Potala Palace View Restaurant
- ☑ Yaowangshan Observation Deck (Best Spot for Night View of Potala Palace)

D6 LHASA (B/L/D)

- ☑ Potala Palace (Include Entrance Ticket)
- ☑ Jokhang Temple ("Heart of the Snowy Plateau")
- ☑ Barkhor Street (Special Experience: Thangka Painting – Take Your Artwork Home)

D7 LHASA ✈️ CHENGDU (B/L/D)

- ☑ Kuanzhai Alley
- ☑ Chengdu Panda Theme Postcard Office (Complimentary Panda Postcard)

D8 CHENGDU ✈️ ARRIVE (B/MOB)

- ☑ Chunxi Road Pedestrian Street
- ☑ Taikoo Li
- ☑ IFS Financial Center (Panda Climbing Wall Photo Spot)



✓ 7 Breakfast / 6 Lunch / 7 Dinner

Special Cuisine:

- ★ Nepal Flavor
- ★ Potala Palace View
- ★ Tibetan Hotpot
- ★ Bahe Fish Flavor
- ★ Wild Mushroom Flavor
- ★ Ulang Stone Pot Chicken/ Fish Meal
- ★ Chengdu Panda Snacks

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only.

TOURIST ATTRACTIONS:

CHENGDU

- ◆ **Kuanzhai Alley** - Is Chengdu's most representative ancient street from the Ming and Qing Dynasties ,composed of Kuan Alley,Zhai Alley, and Jing Alley.It is a landmark of Western Sichuan residential archigecture and old Chengdu's slow-paced life. Chengdu Panda Post Office - It is the world's first panda-themed post office. Blending traditional postal services with extensive cultural and creative experiences, it has become a must-visit cultural landmark in Chengdu.

NYINGCHI (Altitude at 3100m)

- ◆ **Nyingchi Peach Blossom Village (Seasonal)** - Known as "Little Jiangnan on the Snowy Plateau".Mid-March to early April: full bloom. Snow-capped mountains + Nyang River Valley + peach blossoms create stunning scenery.Equipped with peach blossom avenue, viewing platforms.
- ◆ **Basongcuo** - Basum Tso is one of the largest glacial freshwater barrier lakes in eastern Tibet. Known as the "emerald" of Nyingchi, Tibet, this plateau lake sits at an altitude of 3,464 meters, its waters crystal clear and surrounded by snow-capped mountains. In spring,admire the peach blossoms; in autumn, gaze upon the colorful forests. Stroll on Tashi Island visiting the ancient temple, savor stone pot chicken and yak buns, and encounter the most poetic seasonal tapestry of Tibet.

LHASA (Altitude at 3700m)

- ◆ **Potala Palace** - Located in the Lhasa city, Potala Palace is a combination of a palace, castle and monastery and renowned for its extensive collection of historical artifacts.
- ◆ **Jokhang Temple** - Jokhang Monastery has a history of over 1300 years and it has a supreme role in Tibetan Buddhism and is one of the holiest places in Tibetan Buddhism.
- ◆ **Barkhor Street** - A circle of old city streets surrounding the Jokhang Temple is the center of Tibetan activities.

YAMDROK YUMCO (Altitude at 3800m)

- ◆ **Yamdrok Yumtso** - Whose Tibetan name translates to "Jade Lake," is situated in Gonggar and Langkazi counties of Shannan, Tibet. It is a unique natural sanctuary that brings together a stunning variety of landscapes, including high-altitude lakes, snow-capped mountains, islands, pastures, hot springs, diverse wildlife, and ancient temples.Alongside Namtso and Mapam Yumtso, it is celebrated as one of the Three Great Sacred Lakes of Tibet. The area is framed by majestic, year-round snow peaks, with the highest rising over 7,000 meters above sea level.
- ◆ **Karuola Glacier** - Is part of the Noijin Kangsang Peak, which extends roughly north-south. It is located on the border between Nagarze County and Gyantse County in Xizang. The terminus (snout) of the glacier sits at an altitude of 5,560 meters. The elevation of its lowest ice layer fluctuates slightly each year in response to temperature changes. Meltwater from Karola Glacier serves as the eastern source of the Nianchu River.
- ◆ **Lakeshigatse** - Tashilhunpo Monastery -Tashilhunpo Monastery, together with Lhasa's "Three Great Monasteries" Ganden Monastery, Sera Monastery and Drepung Monastery, are known as the "Four Great Monasteries" of the Gelug school of Tibetan Buddhism.



HOTEL OR SIMILAR (7 NIGHTS)

- ✓ Chengdu Tianfu International Hotel (5-Star Building) or Tianfu Crowne Plaza Hotel or similar x1 Night
- ✓ Nyingchi Howard Johnson Hotel or similar x1 Night
- ✓ Lhasa Qiaomulangzong Hotel or similar x1 Night
- ✓ Lakeshigatse Xigaze Qiaomulangzong Hotel or similar x1 Night
- ✓ Home2 Suites by Hilton Lhasa (Municipal Government Branch) x2 Nights
- ✓ Crowne Plaza Chengdu Tianfu or similar x1 Night

General Information

· 成都 CHENGDU ·



货币 Currency 	中国元 - CNY 人民币 - RMB Chinese Yuan - CNY Renminbi - RMB	信用卡 Credit Card 	* 致电信用卡中心，以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used
货币兑换率 Exchange Rate 	10 元 = 马币 6.50 10 CNY = MYR 6.50 <small>*Subject to currency of the day* *以当天汇率为准*</small>	拨号代码 Dial Code 	中国 : +86 China : +86
电压 Voltage 	电压 - 220伏特 Voltage - 220 V	插座 Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
时差 Time Different 	中国 - 时间与马来西亚时间标准时无相差 China - No time different with Malaysia	行李托运 Luggage Allowance 	每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过20公斤。 Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg.
气候 Weather 	<input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 10°C ~ 25°C	<input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 33°C ~ 22°C	<input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 24°C ~ 9°C
			<input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 10°C ~ -3°C <small>*Subject to weather of the day* *以当天天气报告为准*</small>
飞机型号 Aircraft Type 	A330 B737 B787		

Departure Date: 出发日期:	<input type="text"/>	Flight: 航班行程:	<input type="text"/>
Tour Fare: 团费:	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费:	<input type="text"/>
Tipping: 小费:	<input type="text"/>	Agent Collection Fee: 旅行社代收费:	<input type="text"/>
Visa: 签证:	<input type="text"/>	Travel Insurance: 旅行保险:	<input type="text"/>
		TOTAL: 总数:	<input type="text"/>

GD Partner:



TRAVELERS HUB TOURS SDN BHD

(896493-M) TDC No - KPL/LN: 6250

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